

# *Saint Monica-Saint Thomas the Apostle Parish*

*www.smstaparishsf.org*

## The Most Holy Body and Blood of Christ ~ June 7th, 2026

### **St. Monica Catholic Church**

470 24th Avenue  
San Francisco, CA 94121  
Tel: 415-751-5275

Office Hours:  
Monday - Thursday  
9:00 AM - 3:30 PM



### **St. Monica Catholic Church MASS SCHEDULE**

Saturday Vigil  
5:00 PM

Sunday  
8:00 AM (Vietnamese)

11:00 AM

Weekdays  
8:30 AM (Monday-Saturday)

Rosary  
8:00 AM (Monday-Saturday)

Confessions  
4:00 PM - 4:40 PM Saturday

#### Administrator

Rev. Ben Rosado  
pastor@smstaparishsf.org

#### In Residence

St. Monica Rectory  
Rev. Paulinus Iwuji, SMMM, Ph.D.  
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory  
Rev. Te Van Nguyen  
Vietnamese Ministry  
Catholic Chaplain for UCSF

Rev. Andrew Spyrow  
Vicar for Clergy

#### Deacon

Rev. Xristopher Compagno

#### Parish Staff

Administrative Assistant  
Jessica Montgomery  
parishoffice@smstaparishsf.org

Music Ministry  
Alix Jerinic  
alixjerinic@gmail.com

### **St. Thomas the Apostle Catholic Church**

3835 Balboa Street  
San Francisco, CA 94121



### **St. Thomas the Apostle Church MASS SCHEDULE**

Sunday  
9:00 AM

Weekdays  
8:30 AM  
(Monday, Wednesday,  
and Friday)

First Saturday  
Mass  
8:30 AM

First Saturday Adoration  
9:00 AM - 10:00 AM



CORPUS  
CHRISTI



## The Most Holy Body and Blood of Christ ~ June 7th, 2026



Dear brothers and sisters,

It is always hard to say goodbye to those whom we love. This is what my heart has shown me as I prepare to move to my next assignment on July 1st. I will become the assistant priest at St. Brendan across the park from our Parish here. Although I recognize my need for this change, it doesn't make it easy, because you all are in my heart.

This is one of the great challenges of life, not just with regard to priests being moved, but life in general. We experience the pain of separation as family and friends move out of our lives. All parents know the experience of their children leaving home, and we all face times of sadness when a loved one passes on. We feel this deep in our hearts. Love includes pain, as we see in the Sacred Heart of Jesus burning with love, yet crowned with thorns as well. This means he loves us to the point of suffering for us.

Thankfully our Faith teaches us how to deal with loss. We have the great promise that we will ultimately be reunited with our loved ones who have belonged to God. This hope must anchor our journey on earth. Without it, we lose heart, we lose hope, we might even fall into the sadness of despair. But it should not be so! Instead we are to hold on to God's promise, hold on to it tightly! In just a little time, we shall be together again. This requires endurance, patience, and faith. Our Faith in Jesus having ascended into Heaven ahead of us should inspire such hope. My hope is to see you again maybe in this life in the years to come, but most especially forever in God's Eternal Kingdom. Let us all courageously continue our journey toward that blessedness.

Fr. Ben

**"Throw yourself into God's arms. He  
will carry you when the road is rough."  
~ St. John Baptist de La Salle**

***Welcome to all who worship with our parish family,  
whether long time residents or newly arrived in the parish.***

***If you are not registered, please fill out this form and put it in the collection basket or  
mail it to the Rectory.***

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

☐ New Parishioner      ☐ New Address      ☐ New Phone Number      ☐ Remove from List

☐ Send Sunday Envelopes

☐ St. Monica      ☐ St. Thomas the Apostle

You may register online at: <https://www.osvhub.com/smstaparishsf/directory/register>



## The Most Holy Body and Blood of Christ ~ June 7th, 2026

### GOSPEL REFLECTION

Today we observe the Solemnity of the Most Holy Body and Blood of Christ. This beautiful feast celebrates the gift of the Eucharist, which the Catechism of the Catholic Church teaches is the source and summit of our Christian faith. "For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ Himself" (CCC paragraph 1324).

The very word, Eucharist, means "thanksgiving" or "gratitude" and so this feast is especially meaningful to all of us who are striving to live as grateful stewards of all God's blessings to us. The Eucharist is the greatest of all blessings because it is not only from God, it is God — the Body, Blood, Soul, and Divinity of our Lord, Jesus Christ.

Today's second reading from St. Paul's letter to the Corinthians reminds us of the depths of love our Lord has shown us in the gift of the Eucharist, recalling Christ's words at the very first Eucharistic celebration. "The Lord Jesus... took bread, and, after he had given thanks, broke it and said, 'This is my body that is for you.'" In that moment, and at every celebration of the Mass thereafter, Jesus gives us His very self in an act of complete humility and perfect love. How can we possibly show our gratitude for such a sublime gift?

We can receive the gift of the Eucharist with the greatest possible reverence and love. And, following our Lord's example, we can give ourselves generously to others in the week ahead.

©Catholic Stewardship Consultants

**The Solemnity of the Most Holy Body and Blood of Christ** is also known as the Solemnity of Corpus Christi, which translates from Latin to "Body of Christ." This feast originated in France in the mid thirteenth century and was extended to the whole Church by Pope Urban IV in 1264. This feast is celebrated on the Thursday following the Trinity Sunday or, as in the USA, on the Sunday following that feast.

This feast calls us to focus on two manifestations of the Body of Christ, the Holy Eucharist and the Church. The primary purpose of this feast is to focus our attention on the Eucharist. The opening prayer at Mass calls our attention to Jesus' suffering and death and our worship of him, especially in the Eucharist.

At every Mass our attention is called to the Eucharist and the Real Presence of Christ in it. The secondary focus of this feast is upon the Body of Christ as it is present in the Church. The Church is called the Body of Christ because of the intimate communion which Jesus shares with his disciples. He expresses this in the gospels by using the metaphor of a body in which He is the head. This image helps keep in focus both the unity and the diversity of the Church.

The Feast of Corpus Christi is commonly used as an opportunity for public Eucharistic processions, which serves as a sign of common faith and adoration. Our worship of Jesus in His Body and Blood calls us to offer to God our Father a pledge of undivided love and an offering of ourselves to the service of others. ~ Catholic News Agency

**MASS INTENTIONS FOR 2026** may be offered in honor of loved ones at either St. Monica or St. Thomas the Apostle Church. For scheduling contact the parish office: 415-751-5275



## The Most Holy Body and Blood of Christ ~ June 7th, 2026

### Join us for an evening of Prayer and Healing

June 12, 2026  
And every 2nd Friday of each Month  
St. Monica Church

Celebrant: Fr. Ben Rosado  
Holy Hour: 5:00pm—6:00pm  
Holy Mass: 6:00pm—7:00pm  
Healing Service: 7:00pm—8:00pm  
Refreshments immediately following  
in the Small Hall

### ROSARY

All are welcome to join in praying the Rosary  
every Monday through Saturday at  
8:00 AM at St. Monica Church.

&

### ADORATION

All are welcome to join us on the  
First Saturday of every month  
for Adoration of the Blessed Sacrament from 9:00  
AM to 10:00 AM at St. Thomas



Need direction in your Faith Journey? Need a boost? You're free on a Saturday?

**COME AND SEE**

TALKS & TESTIMONIES LUNCH PROVIDED

MORNING MASS REGISTRATION

8:30 AM  
Optional

8:30 - 9:15 AM

CONCLUDING WITH  
VIGIL MASS WITH THE PARISH  
5:00 PM

REGISTRATION IS FREE

Please let us know if you're attending to assist us  
on a head count for lunch.



YOU'RE  
INVITED

[bit.ly/lifeinthepiritseminar](http://bit.ly/lifeinthepiritseminar)

SPONSORED BY  
THE CATHOLIC  
CHARISMATIC  
RENEWAL OF THE  
ARCHDIOCESE OF  
SAN FRANCISCO



CONTACTS  
Danny Garza  
(650) 270-8065  
Sally Yeo  
(650) 400-4825

## CORPUS CHRISTI

means  
BODY OF CHRIST



**WE INVITE ALL OUR PARISHIONERS TO SPEND TIME IN FELLOWSHIP.**

**ST. MONICA CHURCH - FRIENDSHIP SUNDAY** will be held on the 1st Sunday of each month in the Small Hall following the 11:00 AM Mass. To volunteer please email Fr. Ben: [pastor@smstaparishsf.org](mailto:pastor@smstaparishsf.org)

**ST. THOMAS THE APOSTLE CHURCH - SOCIAL SUNDAY** will be held on the 2nd Sunday of every month in the vestibule of the Church after the 9:00 AM Mass. To volunteer (clean up and refreshment donations) please email Fr. Ben: [pastor@smstaparishsf.org](mailto:pastor@smstaparishsf.org)

*ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US*



# The Most Holy Body and Blood of Christ ~ June 7th, 2026



## Mass Intentions

| St. Monica |       |          |                                      | St. Thomas the Apostle |       |         |                   |
|------------|-------|----------|--------------------------------------|------------------------|-------|---------|-------------------|
| Mon.       | 06/8  | 8:30 AM  | Cathy Byrne, Julia & Bernard Smith † | Mon.                   | 06/8  | 8:30 AM | Maria La Nguyen † |
| Tue.       | 06/9  | 8:30 AM  | Parishioners                         | Tue.                   | 06/9  |         | No Mass           |
| Wed.       | 06/10 | 8:30 AM  | Ludwika Novak †                      | Wed.                   | 06/10 | 8:30 AM | Parishioners      |
| Thu.       | 06/11 | 8:30 AM  | Parishioners                         | Thu.                   | 06/11 |         | No Mass           |
| Fri.       | 06/12 | 8:30 AM  | Lucio Aguirre †                      | Fri.                   | 06/12 | 8:30 AM | Parishioners      |
| Sat.       | 06/13 | 8:30 AM  | Parishioners                         | Sat.                   | 06/13 | 8:30 AM | No Mass           |
|            |       | 5:00 PM  | Parishioners                         |                        |       |         |                   |
| Sun.       | 06/14 | 11:00 AM | Mary Gibbons †                       | Sun.                   | 06/14 | 9:00 AM | Rena Bleimann †   |

| THANK YOU           | ST. MONICA | ST. THOMAS |             |
|---------------------|------------|------------|-------------|
| May 31st, 2026      | ENGLISH    | VIETNAMESE | THE APOSTLE |
| 1ST COLLECTION      | \$2,859.00 | \$545.00   | \$934.00    |
| St. Vincent de Paul | \$832.00   | \$270.00   | \$518.00    |

### SUPPORT OUR ADVERTISERS

Our bulletin is provided by Mission Publication at no charge to our Parish. It is completely supported by our advertisers. Please frequent the businesses advertised in the back of our bulletin, and let them know you saw their ad in our bulletin.

### JOIN THE SUCCESS!

If you have not yet made a gift to the Annual Appeal, we ask you to do so today. We invite everyone to share a portion of God's blessings with others by supporting the Annual Appeal. Your gift has a great impact. We hope for **100%** participation from our parish family this year. Thank you for supporting our Archdiocesan ministries and the people who need and depend on our programs and services.

- ♦ **Hospital Chaplaincy** - a patient at a hospital in our Archdiocese was suffering from a serious illness that caused depression, anger, and even violence towards hospital staff. He asked to see a Catholic Priest. The caregivers asked the Priest to bless them for their safety and with the virtue of patience. The visit helped heal the patient spiritually and emotionally; it enhanced the relationship with the care givers and thus the healing process as well.

**Our 2025 Archdiocesan Annual Appeal Goal is \$57,058.00.**

**We have reached 41% of our goal.**

**Donate online:** <https://sfarchdiocese.org/aaa/> or by using the QR Code

**Donate by mail:** Fill out the form inside the Church and mail the form to the Archdiocese.

