

Saint Monica-Saint Thomas the Apostle Parish

www.smstaparishsf.org

Fifth Sunday in Ordinary Time ~ February 8, 2026

St. Monica Catholic Church

470 24th Avenue
San Francisco, CA 94121
Tel: 415-751-5275

Office Hours:
Monday - Friday
9:00 AM - 3:30 PM



St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil
5:00 PM

Sunday
8:00 AM (Vietnamese)

11:00 AM

Weekdays
8:30 AM (Monday-Saturday)

Rosary
8:00 AM (Monday-Saturday)

Confessions
4:00 PM - 4:40 PM Saturday

St. Thomas the Apostle Catholic Church

3835 Balboa Street
San Francisco, CA 94121



St. Thomas the Apostle Church MASS SCHEDULE

Sunday
9:00 AM

Weekdays
8:30 AM
(Monday, Wednesday,
and Friday)

First Saturday
Mass
8:30 AM

First Saturday Adoration
9:00 AM - 10:00 AM

Administrator

Rev. Ben Rosado
pastor@smstaparishsf.org

In Residence

St. Monica Rectory
Rev. Paulinus Iwuji, SMMM, Ph.D.
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory
Rev. Te Van Nguyen
Vietnamese Ministry
Catholic Chaplain for UCSF

Rev. Andrew Spyrow
Vicar for Clergy

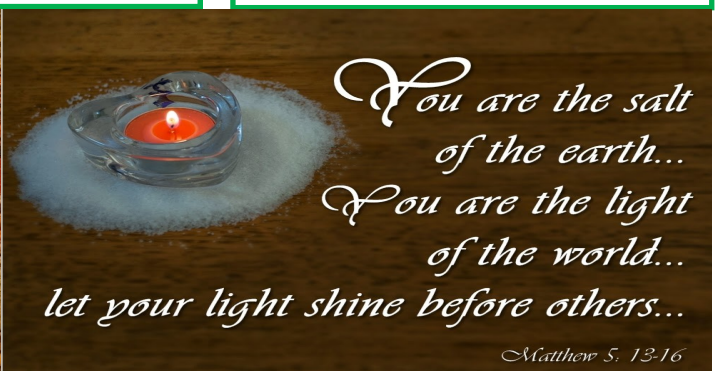
Deacon

Rev. Mr. Kristopher Compagno
dcnxristopher@gmail.com

Parish Staff

Administrative Assistant
Jessica Montgomery
parishoffice@smstaparishsf.org

Music Ministry
Alix Jerinic
alixjerinic@gmail.com





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Dear brothers and sisters,

Our reflection today is on the words of the Our Father in which we pray "forgive us our trespasses, as we forgive those who trespass against us." Here we ask God to accomplish something miraculous within us and for others: the forgiveness of sins.

This is miraculous on many levels, since "to err is human, to forgive is divine." God does a wonder in us when we are forgiven. He cleanses our souls, and he removes all stains of guilt and shame. This is one of the greatest things Our Lord Jesus accomplished for us, to wash away our sins.

When we ask forgiveness from God through Jesus, we find healing, wholeness, and freedom. We are given a fresh start once again. God wants this for us. He wants to see us forgiven. We should ask this of him often, even every day.

Just as we ask God to forgive us, we should also be willing to forgive others. This makes us true children of God, merciful as he is merciful. We must not be selfish, but desire forgiveness for everyone, even those who have hurt us. After all, haven't we ourselves hurt others by our words and deeds?

Let us reach out to God for his divine mercy. Through it humanity is reconciled with God and with one another, and this brings peace to our world. May God's mercy live in our hearts and in our world.

Fr. Ben



"For God, does not work in those who refuse to place all their confidence and hope in Him alone. But He does impart the fullness of His love upon those who possess a deep faith and hope; for them He does great things." ~ St. Jerome Emiliani (Feast Day ~ February 8th)

**Welcome to all who worship with our parish family,
whether long time residents or newly arrived in the parish.**

**If you are not registered, please fill out this form and put it in the collection basket or
mail it to the Rectory.**

Name _____

Address _____ City _____ Zip _____

Phone _____ Email _____

☐ New Parishioner ☐ New Address ☐ New Phone Number ☐ Remove from List

☐ Send Sunday Envelopes

☐ St. Monica ☐ St. Thomas the Apostle

You may register online at: <https://www.osvhub.com/smstaparishsf/directory/register>



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**ASH WEDNESDAY SCHEDULE
WEDNESDAY, FEBRUARY 18TH**



St. Monica

8:30 AM (Mass with Ashes)

5:30 PM (Mass with Ashes)

St. Thomas the Apostle

8:30 AM (Mass with Ashes)



Join us for an evening of prayer and healing...

Night Prayer

Friday, February 13, 2026

And every 2nd Friday of each month

St. Monica Church

5920 Geary Boulevard, San Francisco
Between 23rd Avenue & 24th Avenue

Celebrant: Fr. Ben Rosado

Holy Hour: 5:00pm—6:00pm

Holy Mass: 6:00pm—7:00pm

Healing Service: 7:00pm—8:00pm

Fellowship and refreshments in the Small Hall
immediately following the Healing Service





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GOSPEL REFLECTION

Today's readings are both encouragement and instruction for us as Christian stewards. They offer clear direction on what matters most to God and how He calls us to use the gifts He has entrusted to us.

In the first reading, the prophet Isaiah gives us straightforward guidance: "Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own." There is no ambiguity here. Caring for our brothers and sisters in need is not optional, it is a fundamental responsibility of the Christian steward.

Yet the Lord also reminds us of His generosity when we live this way. "Then your light shall break forth like the dawn, and your wound shall quickly be healed." When we give of ourselves, we do not lose, we gain. God's grace grows within us, and we experience deeper joy and peace as our lives become more aligned with His will.

In the Gospel, Jesus speaks plainly to His disciples and to us calling us the "salt of the earth" and the "light of the world." But salt loses its purpose if it goes stale, and light cannot shine if it is hidden. Our faith must be lived, not concealed. We are called to act so that others may see the way we serve, how we care for the vulnerable, how we prioritize our families, and above all, how we love God and through our witness, give glory to Him.

This is the stewardship way of life. Let us embrace it fully.

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CATHOLIC SCHOOL EDUCATION

ST. MONICA SCHOOL

Principal: Vince Sweeters
Preschool and Grades K-8
Phone Number: 415-751-9564
Email: office@stmonicasf.org
Website: stmonicasf.org



SAVE THE DATES

Sports-O'Rama

Saturday, February 21st

Auction Gala

Saturday, March 14th

WE INVITE ALL OUR PARISHIONERS TO SPEND TIME IN FELLOWSHIP

ST. MONICA CHURCH - FRIENDSHIP SUNDAY Friendship Sunday will be held on the first Sunday of each month following the 11 a.m. Mass. To volunteer, please e-mail Fr. Ben.

ST. THOMAS THE APOSTLE CHURCH - SOCIAL SUNDAY will be held on the 2nd Sunday of every month in the church's vestibule after the 9 a.m. Mass. To volunteer please e-mail Fr. Ben.



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Mass Intentions

St. Monica				St. Thomas the Apostle			
Mon.	02/09	8:30 AM	Parishioners	Mon.	02/09	8:30 AM	Parishioners
Tue.	02/10	8:30 AM	Parishioners	Tue.	02/10		No Mass
Wed.	02/11	8:30 AM	Parishioners	Wed.	02/11	8:30 AM	Parishioners
Thu.	02/12	8:30 AM	Lucio Aguirre †	Thu.	02/12		No Mass
Fri.	02/13	8:30 AM	Tony Lau †	Fri.	02/13	8:30 AM	Susan Mables †
Sat.	02/14	8:30 AM	Tomas Bermejo †	Sat.	02/14	8:30 AM	No Mass
		5:00 PM	Ling Chi Yu & Teresa Eng †				
Sun.	02/15	11:00 AM	Bernard & Julia Smith †	Sun.	02/15	9:00 AM	Parishioners

THANK YOU	ST. MONICA		ST. THOMAS
February 1, 2026	ENGLISH	VIETNAMESE	THE APOSTLE
1ST COLLECTION	\$2,048.00	\$428.00	\$1,392.00
FEBRUARY ONLINE DONATIONS	\$2,365.00		

All are welcome to join us
Monday - Saturday at 8:00 AM
to pray the Rosary
at St. Monica Church.
&

All are welcome to join us
on the First Saturday of every month for
Adoration of the Blessed Sacrament
from 9:00 AM - 10:00 AM at
St. Thomas the Apostle Church.

Request a
Mass Intention

Mass intentions for 2026 may be offered in honor of loved ones at either St. Monica or St. Thomas the Apostle Churches. For scheduling and additional information, you can either stop by or mail the parish office at 470 24th Ave. SF, CA 94121 or email (parishoffice@smstaparishsf.org). Please list all your Mass intentions and requested dates. You can also call Jessica at 415-751-5275.

ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US