

# Saint Monica-Saint Thomas the Apostle Parish

[www.smstaparishsf.org](http://www.smstaparishsf.org)

22nd Sunday in Ordinary Time ~ September 1, 2024

## St. Monica Catholic Church

470 24th Avenue  
San Francisco, CA 94121  
Tel: 415-751-5275 Fax: 415-751-0440

Office Hours:  
Monday - Friday  
9:00 AM - 3:30 PM



## St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil  
5:00 PM

Sunday  
8:00 AM (Vietnamese)

11:00 AM

Weekdays  
8:30 AM (Monday-Saturday)

Rosary  
8:00 AM (Monday-Saturday)

Confessions  
4:00 PM - 4:40 PM Saturday

### Administrator

Rev. Ben Rosado  
pastor@smstaparishsf.org

### Parochial Vicar

Rev. Jerome Murphy

### In Residence

St. Monica Rectory  
Rev. Paulinus Iwuji, SMMM, Ph.D.  
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory  
Rev. Te Van Nguyen  
Vietnamese Ministry  
Catholic Chaplain for UCSF

Rev. Andrew Spyrow  
Vicar for Clergy

### Deacons

Rev. Mr. Dana Perrigan  
perrigan2000@yahoo.com  
Mr. Kristopher Compagno  
Permanent Deacon Candidate

### Parish Staff

Administrative Assistant  
Jessica Montgomery  
parishoffice@smstaparishsf.org

Director of Religious Education  
Pastoral Associate  
Sr. Noreen O'Connor, C.S.J.  
noconnor@csjla.org

Music Ministry  
Alix Jerinic  
alixjericin@gmail.com

## St. Thomas the Apostle Catholic Church

3835 Balboa Street  
San Francisco, CA 94121



## St. Thomas the Apostle Church MASS SCHEDULE

Sunday  
9:00 AM

Weekdays  
8:30 AM  
(Monday, Wednesday, and Friday)

First Saturday  
Mass  
8:30 AM

First Saturday Adoration  
9:00 AM - 10:00 AM



*Eating with Clean Hands*

PSALM 15  
MARK 7:1-8, 14-15, 21-23





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Dear brothers and sisters,

Now that we have reflected on the three Sacraments of Initiation: Baptism, Eucharist, and Confirmation, it would be good for us to also consider the other four Sacraments of the Church. Today we will take a closer look at the Sacrament of Reconciliation, also known as Confession.

Reconciliation means to return to someone we have been estranged from. We reconcile, or make up with them, restoring and strengthening our relationship. In this Sacrament, we are given the wonderful chance to be washed clean from our sins and so live in the state of grace. This is something we need to do, since we are not perfect and do sin from time to time. Sometimes our sins are light, which we call venial sin, and sometimes our sins are serious, which we call mortal sin. As Catholics, we are required to confess our mortal sins as soon as possible, especially before coming to Holy Communion, so that we can worthily receive Jesus. We are also required to confess our sins at least once a year, even if we have not sinned mortally.

Although, confessing might seem like merely following rules and regulations, there is much more to this holy Sacrament. It is the grace to be forgiven, to be set free from what burdens us, and to be made righteous in God's eyes. What a gift, what a grace from the Lord! He has poured out his life on the cross to free us from our sins. May we respond by receiving the forgiveness that he has graciously won for us.

Fr. Ben

**PARISH SCHOOL OF RELIGION (CCD) FOR  
ST. MONICA-ST. THOMAS THE APOSTLE PARISH**

Religion classes for students in grades K-8 in Catholic, private or public school, begin next **Sunday, September 8, 2024**. The class time is from 9:00 AM – 11:00 AM. The class provides curriculum for each grade level and preparation for the Sacraments of Reconciliation, First Communion and Confirmation. The 9:00 AM Mass is included as part of the class as a continuation of the instruction and practice of the Catholic faith. Classes are held at 720 40th Avenue. Registration papers and a class schedule are on the tables in both Churches. Please put the registration form in the Sunday collection or mail it to: Sr. Noreen O'Connor at 470 24th Ave, San Francisco, CA 94121

For additional information: Sister Noreen O'Connor at [noconnor@csjla.org](mailto:noconnor@csjla.org).

***Welcome to all who worship with our parish family,  
whether long time residents or newly arrived in the parish.***

***If you are not registered, please fill out this form and put it in the collection basket or  
mail it to the Rectory.***

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

- New Parishioner       New Address       New Phone Number       Remove from List
- Send Sunday Envelopes
- St. Monica       St. Thomas the Apostle

You may register online at: <https://www.osvhub.com/smstaparishsf/directory/register>



**22nd Sunday in Ordinary Time ~ September 1, 2024**


**GOSPEL REFLECTION**

Everything we have is a gift from God: except sin which is all ours. Sometimes we forget that these elements of our faith are true gifts. For example, when was the last time we thanked God for the Commandments? God makes his desire for us known and he makes the path to him straight: the question is if we want to be on that path. Everything comes from heaven and we are made for heaven. So when God gives us the Commandments, these are gifts. In today's Gospel, Jesus is reminding us what a gift the Commandments are: the big "T" traditions the Church gives us versus the small "t" traditions that we take on. God reminds us that all good gifts are from God; all good gifts are designed that we will live; all good gifts are designed that we will come back to God. What turns this upside down is what comes from within us. Jesus gives us the Commandments and the Church to guard our sacred truths. The Church still hands on these statutes and decrees so that we won't die and will live.

~ Mark Hart, The Life Teen Podcast

\*\*\*\*\*  
 \* We pray for the repose of the soul of \*  
 \* **Rev. Thomas M. Hamilton** \*  
 \* and offer our sympathy and prayers to his family, \*  
 \* friends, parishioners and his fellow priests. \*  
 \*  
 \* Fr. Tom Hamilton was once the Pastor of \*  
 \* Our Lady of Fatima. \*  
 \*  
 \* A vigil service is scheduled for Friday, September 14th at \*  
 \* 6:00 PM at St. Gabriel Church. \*  
 \* A funeral Mass will be on Saturday, September 14th at \*  
 \* 1:00 PM at Holy Name of Jesus Church. \*  
 \*  
 \* **Eternal rest grant unto**  
 \* **them, O Lord, and let**  
 \* **perpetual light shine**  
 \* **upon them. May the**  
 \* **souls of the faithful**  
 \* **departed, through the**  
 \* **mercy of God, rest in**  
 \* **peace. Amen.** \*  
 \*\*\*\*\*



\*\*\*\*\*  
 \* We welcome into our Parish family \*  
 \* **Evan Xu** \*  
 \* **Michaela Xu** \*  
 \* who were recently baptized and \*  
 \* received their First Communion at \*  
 \* St. Monica. \*  
 \*  
 \* "Prayer is not asking. Prayer is \*  
 \* putting oneself in the hands of God, at \*  
 \* His disposition, and listening to His \*  
 \* voice in the depths of our hearts." \*  
 \* St. Teresa of Calcutta \*  
 \* (Feast Day - September 5th) \*  
 \*  
 \*  \*  
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**YOUR GRIEF MATTERS – GRIEF SUPPORT GROUP AT HOLY CROSS CEMETERY**

Have you experienced the death of a significant person in your life? Would you like support in the grieving process? Join Deacon Chuck McNeil the first Thursday of each month at our Holy Spirit Chapel at Holy Cross Catholic Cemetery in Colma from 11:00 am – 12:30 pm for a grief support group meeting. The meeting is RSVP only, so please contact Deacon Chuck by phone or email at 415-505-9114 or [deaconchuck@stdominics.org](mailto:deaconchuck@stdominics.org) to reserve a space.



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Are you, or anyone you know, interested in becoming a Catholic? Are you already Baptized? Would you like to complete the Sacraments of initiation by receiving the Eucharist and being Confirmed in the Catholic Church? Adults (18+) are invited to join our upcoming Rite of Christian Initiation of Adults (RCIA) program here at St. Monica -St. Thomas the Apostle Parish.

An introductory meeting will be held on **Tuesday, September 17th at 7:00 PM** at our Parish Office (470 24th Ave)

If you are interested in participating or want more information contact: Fr. Ben at 415-751-5275 ext. 222 or [pastor@smstaparishsf.org](mailto:pastor@smstaparishsf.org)

**BAPTISM INQUIRES**  
For baptismal inquires, please contact the Parish Office: 415-751-5275 or email: [parishoffice@smstaparishsf.org](mailto:parishoffice@smstaparishsf.org)



*A Prayer For Labor Day*

Lord on this Labor Day, we thank You for the blessing of work. We ask for strength to complete each day. We ask for rest when we are weary. We ask for Your guidance and hope for everyone seeking employment. We ask that You be with those whose faces we might never see but who work tirelessly each day for the good of all of us. Amen.

*"Come to me, all you who labor and are heavy burdened, And I shall give you rest."*  
Matthew 11:28-30



**76th annual**  
**POLICE- FIRE - SHERIFF MASS**  
*Archbishop Salvatore J. Cordileone, celebrant with Police and Fire Chaplains Reception to follow*  
**SEPTEMBER 8, 2024, 9:30 AM**  
**ST. CECILIA CATHOLIC CHURCH**  
**2555 17TH AVE, SAN FRANCISCO**

ARCHDIOCESE OF SAN FRANCISCO

*The Police-Fire Mass originated as an annual way to honor the firefighters who lost their lives during the 1946 Herbert Hotel Fire and continues to honor all of our first responders. The Mass is sponsored by the San Francisco Fire Department, San Francisco Police Department, the San Francisco Sheriff's Office, and the Archdiocese of San Francisco.*






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*Mass Intentions*

St. Monica				St. Thomas the Apostle			
Mon.	09/02	8:30 AM	Frances Tam †	Mon.	09/02	8:30 AM	Elizabeth Nott †
Tue.	09/03	8:30 AM	Shirley Tesch †	Tue.	09/03		No Mass
Wed.	09/04	8:30 AM	Mary Gale †	Wed.	09/04	8:30 AM	Avelina Aglubat †
Thu.	09/05	8:30 AM	Mary Kerley †	Thu.	09/05		No Mass
Fri.	09/06	8:30 AM	Ginger Kohlman †	Fri.	09/06	8:30 AM	Ignatius Andy Dharmadi †
Sat.	09/07	8:30 AM	Ethel Riley †	Sat.	09/07		Maria Fanara †
		5:00 PM	John Ting †				
Sun.	9/08	11:00 AM	Naty Soliban, Birthday	Sun.	09/08	9:00 AM	Katherine Anne Dells Uriztonido †

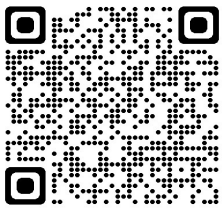
THANK YOU	ST. MONICA	ST. THOMAS THE APOSTLE
August 25, 2024		
IST COLLECTION	\$1,930.00	\$1,606.00
VIETNAMESE COLLECTION	\$478.00	
SEPTEMBER ONLINE DONATIONS	\$556.00	



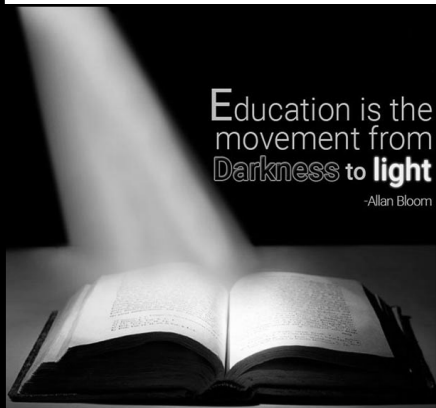
Thank you for your continued support to our Parish.

To donate:

Use your personalized parish offertory envelopes  
or scan the QR code to donate online!



**THE CATHOLIC UNIVERSITY OF AMERICA COLLECTION**  
**September 7th & 8th**



Since 1903, The Catholic University of America has been blessed by the generosity of parishioners around the country through the National Collection. James Cardinal Gibbons, the first chancellor and the ninth Archbishop of Baltimore, affectionately called the Collection “the people’s endowment.”

Catholic University is the national university of the Catholic Church. Gifts to the National Collection - the only second collection taken for higher education in the U.S. - support students and help the University conduct critical research that will serve parishes and dioceses throughout the country.

**Thank you for your generosity!**

*ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US*