

Saint Monica-Saint Thomas the Apostle Parish

www.smstaparishsf.org

19th Sunday in Ordinary Time ~ August 11, 2024

St. Monica Catholic Church

470 24th Avenue
San Francisco, CA 94121
Tel: 415-751-5275 Fax: 415-751-0440

Office Hours:
Monday - Friday
9:00 AM - 3:30 PM



St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil
5:00 PM

Sunday
8:00 AM (Vietnamese)

11:00 AM

Weekdays
8:30 AM (Monday-Saturday)

Rosary
8:00 AM (Monday-Saturday)

Confessions
4:00 PM - 4:40 PM Saturday

Administrator

Rev. Ben Rosado
pastor@smstaparishsf.org

Parochial Vicar

Rev. Jerome Murphy
Chaplain Kaiser Hospital

In Residence

St. Monica Rectory
Rev. Paulinus Iwujj, SMMM, Ph.D.
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory
Rev. Te Van Nguyen
Vietnamese Ministry
Catholic Chaplain for UCSF

Rev. Andrew Spyrow
Vicar for Clergy

Deacons

Rev. Mr. Dana Perrigan
perrigan2000@yahoo.com
Mr. Kristopher Compagno
Permanent Deacon Candidate

Parish Staff

Administrative Assistant
Jessica Montgomery
parishoffice@smstaparishsf.org

Director of Religious Education
Pastoral Associate
Sr. Noreen O'Connor, C.S.J.
noconnor@csjla.org

Music Ministry
Alix Jerinic
alixjericin@gmail.com

St. Thomas the Apostle Catholic Church

3835 Balboa Street
San Francisco, CA 94121



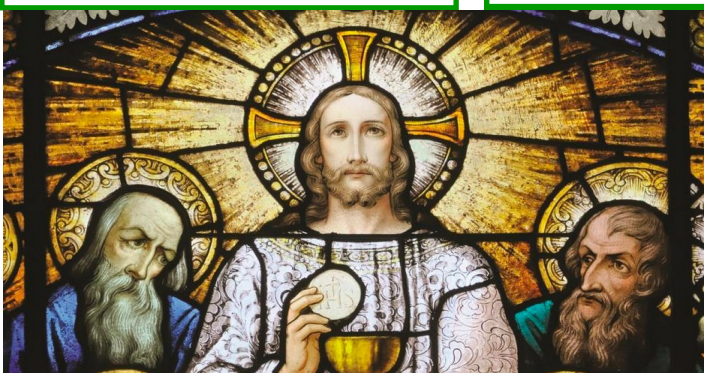
St. Thomas the Apostle Church MASS SCHEDULE

Sunday
9:00 AM

Weekdays
8:30 AM
(Monday, Wednesday, and Friday)

First Saturday
Mass
8:30 AM

First Saturday Adoration
9:00 AM - 10:00 AM



Amen, amen,
I say to you,
whoever
believes
has eternal life.
I am the
bread
of life.





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Dear Brothers and Sisters,

Let us continue to delve into what it means to be initiated into the Christian life. I mentioned last week that there are three Sacraments which grant us the grace to live our faith in its fullness. These are Baptism, The Eucharist, and Confirmation. These three should be received by everyone who professes to be a Catholic Christian.

Let us today look at what it means to be baptized. Baptism is the first Sacrament that we must receive. Through it several things take place: 1) We are set free from the dominion of Original Sin, 2) We become children of God, able to worship God, and call upon Him as Father, 3) We are made members of the Church, gaining access to all of the Church's graces, and 4) We become brothers and sisters of one another, through the Sonship of Jesus, the only begotten Son of God.

Baptism is therefore a pivotal grace, so much depends upon it. This is why it is important for us to renew our baptism from time to time, renew our commitment to live as children of God. Each year at Easter, many parishes do indeed renew this commitment. We don't have to wait until then. Each day we can pray "Lord, I renew my commitment to you. I choose to live my baptism. I desire to be yours, to serve you, to be your very child." If we do this, then the grace of baptism can come alive within us. How blessed we are to belong to God in such a way!

Fr. Ben



The Solemnity of the Assumption of the Blessed Virgin Mary

MASS FOR THE HOLY DAY OF OBLIGATION:

Thursday, August 15

St. Monica Church

8:30 AM

&

5:30 PM

(We apologize for the error in not including 5:30 PM in last week's bulletin.)

**MARY'S GREATNESS CONSISTS IN THE FACT
THAT SHE WANTS TO MAGNIFY GOD, NOT
HERSELF.**

- POPE BENEDICT XVI -



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GOSPEL REFLECTION

Our readings today continue to educate us on the Eucharist.

**I am
the living
bread
that came
down from
heaven.**

John 6:51



Jesus tells us in our Gospel that He is this Food that sustains us as He says, “I am the living bread that came down from heaven...and the bread that I will give is my flesh for the life of the world.” This bread He is referring to is His Body, Blood, Soul and Divinity that we receive. This bread becomes the flesh of Christ Himself. And in consuming Him, we receive every grace we need to live forever in eternal life. We are strengthened in virtue and united more closely to Christ. This is the Food that will fill us as we journey through this life.

Mistakenly, we often take the Eucharist for granted. Maybe we come to Mass to “check the box” instead of actively partaking in this intimate exchange, or we receive Jesus in the Eucharist and then forget about Him the second we leave the church after Mass.

To receive all that God wants to give us in the Eucharist, we must do our part in being receptive to His grace and living out active discipleship in our day-to-day lives.

Let us approach the Lord acknowledging His Divine Presence and be open to all the graces He desires to pour out on us. Then we must go forth, being attentive to the moments that the Holy Spirit is calling us to act as He acts — in total love and sacrifice.

The Eucharist affects our lives more than we can comprehend. We are receiving God Himself. Let us strive to receive Him reverently and with open hearts.

~ Catholic Stewardship Consultants



RCIA

A Journey In Faith

Are you, or anyone you know, interested in becoming a Catholic? Or if you are already Baptized, would you like to complete the Sacraments of initiation by receiving the Eucharist and being Confirmed in the Catholic Church? Adults (18+) are invited to join our upcoming Rite of Christian Initiation for Adults program here at St. Monica-St. Thomas the Apostle Parish.

An introductory meeting will be held on
Sunday, September 17th at 7:00 PM
at our Parish Office (470 24th Ave).

If you are interested in participating or want more information contact:

Fr. Ben at 415-751-9564 ext. 222 or
pastor@smstaparishsf.org

CONSTRUCTION UPDATE



Our construction is moving along according to schedule. Thankfully we only have a few more weeks to go. You will find that we now have access to our parking at St. Monica through 23rd Avenue as we had in the past. At St. Thomas, our parking lot will be much clearer in the weeks to come. Thank you for your continued patience!

“Be humble in this life, that God may raise you up in the next. Be truly moderate and do not punish or condemn anyone immoderately. Be gentle so that you may never oppose justice. Be honorable so that you may never voluntarily bring disgrace upon anyone. Be chaste so that you may avoid all the foulness of lust like the pangs of death.”

St. Stephen of Hungary (Feast Day - August 16th)

“Let us remember that love lives through sacrifice and is nourished by giving.

Without sacrifice there is no love.”

St. Maximilian Kolbe (Feast Day - August 14th)



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**PARISH SCHOOL OF RELIGION (CCD) FOR
ST. MONICA-ST. THOMAS THE APOSTLE PARISH**

**Religious Education
Registration**



Religion classes for students in grades K-8 in Catholic, private or public school, begin on **Sunday, September 8, 2024**. The class time is from 9:00 AM – 11:00 AM. The class provides curriculum for each grade level and preparation for the Sacraments of Reconciliation, First Communion and Confirmation. The 9:00 AM Mass is included as part of the class as a continuation of the instruction and practice of the Catholic faith. Classes are held at 720 40th Avenue. Registration papers and a class schedule are on the tables. Please put the registration form in the Sunday collection or mail it to Sr. Noreen at 470 24th Ave, San Francisco, CA 94121.

For additional information: Sister Noreen O'Connor at noconnor@csjla.org.

PRESCHOOL RELIGIOUS EDUCATION TEACHER NEEDED

We are looking for a preschool teacher for our Religious Education Program.

If you are interested, please contact Sr. Noreen O'Connor at noconnor@csjla.org.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

* We pray for the repose of the soul of *
* **Rita Britto** *
* and offer our sympathy to her family *
* and friends. *
*
* Funeral services will be at *
* St. Thomas the Apostle on *
* Saturday, August 24th at 10:00 AM. *

* We pray for the repose of the soul of *
* **Katherine Dells Urbiztando** *
* and offer our sympathy to her family *
* and friends. *
*
* A private celebration of life for Katherine *
* will be held in the Fall. *

* We pray for the repose of the soul of *
* **Helen Mar** *
* and offer our sympathy to her family *
* and friends. *
*
* A memorial for Helen will be held on *
* Saturday, August 24th at 10:00 AM *
* at Woodlawn Cemetery. *

* We pray for the repose of the soul of *
* **Janet E. Welsh Andrewjeski** *
* and offer our sympathy to her family *
* and friends. *
*
* A celebration of life for Janet will be held *
* on Saturday, August 24th at *
* Lafayette School (37th Ave & Anza St) *
* from 10:00 AM - 12:00 PM. *



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Mass Intentions

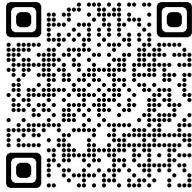
| St. Monica | | | |
|------------|-------|---------------------|--------------------------|
| Mon. | 08/12 | 8:30 AM | George Lau † |
| Tue. | 08/13 | 8:30 AM | Bany Woo † |
| Wed. | 08/14 | 8:30 AM | Simon Lee † |
| Thu. | 08/15 | 8:30 AM Holy Day | Parishioners |
| Fri. | 08/16 | 8:30 AM | Simon Lee † |
| Sat. | 08/17 | 8:30 AM | Simon Lee † |
| | | 5:00 PM | Ignatius Andy Dharmadi + |
| Sun. | 08/18 | 11:00 AM | Parishioners |

| St. Thomas the Apostle | | | |
|------------------------|-------|---------|--------------------------|
| Mon. | 08/12 | 8:30 AM | Avelina Aglubat † |
| Tue. | 08/13 | | No Mass |
| Wed. | 08/14 | 8:30 AM | Maurice O'Connor † |
| Thu. | 08/15 | | No Mass |
| Fri. | 08/16 | 8:30 AM | Gonzalo & Olga Bermejo † |
| Sat. | 08/17 | | No Mass |
| Sun. | 08/18 | 9:00 AM | Annabell Tung, Birthday |

| THANK YOU | ST. MONICA | ST. THOMAS THE APOSTLE |
|-----------------------|------------|------------------------|
| August 4, 2024 | | |
| IST COLLECTION | \$1,744.00 | \$1,714.00 |
| VIETNAMESE COLLECTION | \$417.00 | |



Thank you for your continued support to our Parish.
 To donate:
 Use your personalized parish offertory envelopes
 or scan the QR code below to donate online!



**ST. VINCENT DE PAUL FUND FOR
ST. MONICA-ST. THOMAS THE APOSTLE CONFERENCE**

Thank you to all who donated to the recent St. Vincent de Paul collection. In addition to the expenses related to the monthly sandwich making, the fund provides one-time assistance to individuals and families who need help with rent, utilities, groceries, etc. Please notify Maria McDevitt at megmared@comcast.net or 415-515-6945 if you know of anyone in need of such help.

ARCHDIOCESAN ANNUAL APPEAL UPDATE

We are pleased to say that we have reached the monetary goal for the 2024 Archdiocesan Annual Appeal! Thank you, to our generous parishioners and the anonymous donors who have contributed or made pledges to the Archdiocesan Annual Appeal.

ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US