

Saint Monica-Saint Thomas the Apostle Parish

www.smstaparishsf.org

Third Sunday of Lent ~ March 3, 2024

St. Monica Catholic Church

470 24th Avenue
San Francisco, CA 94121
Tel: 415-751-5275 Fax: 415-751-0440

Office Hours:
Monday - Friday
9:00 AM - 3:00 PM



St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil
5:00 PM

Sunday
8:00 AM (Vietnamese)
11:00 AM

10:00 AM Divine Liturgy at
Our Lady of Fatima Byzantine

Weekdays
8:30 AM (*Monday-Saturday*)

Rosary
8:00 AM (*Monday-Saturday*)

Confession
4:00 PM - 4:40 PM Saturday

Administrator

Rev. David Schunk

In Residence

St. Monica Rectory
Rev. Paulinus Iwuji, SMMM
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory
Rev. Te Van Nguyen
Vietnamese Ministry
Catholic Chaplain for UCSF

Fr. Andrew Spyrow
Vicar for Clergy

Deacons

Rev. Mr. Dana Perrigan
perrigan2000@yahoo.com
Rev. Mr. Peter Solan
petsol04@aol.com

Parish Staff

Office Manager
Jessica Montgomery
parishoffice@stmonicasf.org

Director of Religious Education
Sr. Noreen O'Connor, C.S.J.
noconnor@csjla.org

Music Ministry
Alix Jerinic

St. Thomas the Apostle Catholic Church

3835 Balboa Street
San Francisco, CA 94121



St. Thomas the Apostle Church MASS SCHEDULE

Sunday
9:00 AM

Weekdays
8:30 AM
(*Monday, Wednesday, and Friday*)

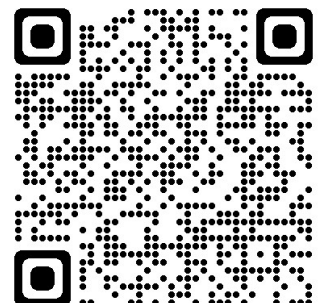
First Saturday
Mass
8:30 AM

First Saturday Adoration
9:00 AM - 10:00 AM

Third Sunday of Lent



**Donate
online to
St. Monica-
St. Thomas
the Apostle
Parish**





Third Sunday of Lent ~ March 3, 2024



Dear Sisters and Brothers,

To round out the traditional Lenten penitential practices, I will mention a brief word on Almsgiving/Good Works. In giving Alms, we are looking to detach ourselves from possessions of the world. Normally, we think of giving Alms in terms of money, which we use to acquire possessions. When we give Alms, we are parting with things that we may say, at least symbolically if not sometimes literally, we rely upon for support. To give Alms to the poor teaches and reminds us that our support and sustenance does not come from the things we possess but ultimately from the Lord. By giving Alms, we are parting with something and looking to God who assists us in our need. In a similar way, Good Works are a way of giving what is often the most precious thing we “possess,” our time. During the Lenten season, I hope that by taking up one or more of the practices of Prayer, Fasting, and Almsgiving/Good Works, will allow us to keep our eyes fixed in a more intentional way on the Lord as we journey with him to his Cross and Resurrection.

A big thank you to all of our parishioners who made the celebration of the Lunar New Year (Tết) with the Vietnamese community such a wonderful celebration of faith and culture last weekend. The diversity of our parish is also an example of the catholicity, or universality, of our Catholic faith.

Finally, this coming weekend, a group of young people from our parish will celebrate the Sacrament of Reconciliation for the first time. Please pray for them as they get to celebrate a Sacrament and receive our Heavenly Father’s merciful and abundant grace as they strive to grow in holiness. Their celebration of the sacrament also serves as a reminder to us that during this time of Lent, we are encouraged to participate in the Sacrament of Reconciliation ourselves as a part of making a return to the Lord.

Father Schunk

*“With outstretched arms He begs us to turn toward Him,
to weep for our sins and to become the servants of love,
first for ourselves, then for our neighbors.
Just as water extinguishes a fire,
so love wipes away sin.”*
St. John of God (Feast Day - March 8th)

LENT
*Fast
Pray
Give*



In His Presence **The Eucharistic Revival at St. Monica – St. Thomas the Apostle** Focus for March - Suffering and Pain

At one time or another, all of us are hurt. We may fall down, get sick, have a medical procedure, be afflicted by a chronic illness that affects the body and/or mind, or someone we know is sick and our pain comes from watching him or her suffer. Suffering is a difficult part of being human to. It is also a perennial question that we often ask of our world, “Why is there suffering? Why does God allow suffering? How can there be suffering and a loving God?” Questions like these are particularly appropriate in Lent as suffering and pain is a theme that appears in various ways. Just think about how Lent began with Jesus in the desert fasting for 40 days. He was hungry during his fast and that meant he experienced pain. Then of course as we close in on Easter, there will be Holy Week when we read about his Passion and Death. He experienced the mental anguish of his suffering as well as the physical reality of being tortured, and of course death. This season of Lent may help us to see that when you and I suffer or are in pain, we do not do so alone. Jesus suffers along with us as we face our own trials. That makes the individual experiences and lives of Jesus and us close to one another, and as such, we may say we are In His Presence when we find ourselves suffering.



Third Sunday of Lent ~ March 3, 2024



Soup
Suppers
and
Stations of
the Cross

FRIDAYS
DURING
LENT

SOUP SUPPER & STATIONS OF THE CROSS

Every Friday throughout Lent we will have Soup and Stations of the Cross at **St. Thomas the Apostle Church**. We will begin at **6:00 PM** with a soup supper followed by Stations of the Cross.

All are welcome.

Lent
A Time to Renew

*"God never tires
of forgiving us; we are
the ones who tire
of seeking his mercy."*

—Pope Francis

LEN+

Do you want to fast this Lent?

Suggestions from Pope Francis:

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and trust in God.
Fast from complaints and contemplate simplicity.
Fast from pressures and be prayerful.
Fast from bitterness and fill your heart with joy.

EASTER & HOLY WEEK SCHEDULE

St. Monica

Palm Sunday

5:00 PM (Saturday)

8:00 AM (Vietnamese)

11:00 AM

Holy Thursday Mass

7:00 PM

Good Friday Meditations & Liturgy

1:00 PM

3:00 PM - Confession

Holy Saturday

8:00 PM

Easter Sunday

8:00 AM (Vietnamese)

11:00 AM

St. Thomas the Apostle

Palm Sunday

9:00 AM

Holy Thursday,
Good Friday, and
Holy Saturday will be
held at St. Monica Church.

Easter Sunday

9:00 AM



Third Sunday of Lent ~ March 3, 2024



LENTEN FAST AND ABSTINENCE

As in the past, the following regulations are in place for abstaining and fasting during Lent:

- **ABSTINENCE:** Everyone 14 years of age and older is bound to abstain from meat on Ash Wednesday, the Fridays of Lent, and Good Friday.
- **FAST:** Everyone 18 years of age and older but under the age of 60 is also bound to fast on Ash Wednesday and Good Friday.

On these two days the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.



SAVE THE DATES

School Auction Gala

Saturday, March 16th at 6:00 PM at
St. Monica
(Reservations are required)

Sister Noreen's Platinum Jubilee

Sunday, April 21st - 11:00 AM Mass &
Reception at St. Monica

**More details on these events will appear
in an upcoming bulletin.**

WE INVITE ALL OUR PARISHIONERS TO SPEND TIME IN FELLOWSHIP.

ST. MONICA CHURCH - FRIENDSHIP SUNDAY will be held on the 1st & 3rd Sunday of each month in the Small Hall following the 11:00 AM Mass. To volunteer please email Deacon Dana Perrigan at: perrigan2000@yahoo.com.

ST. THOMAS THE APOSTLE CHURCH - SOCIAL SUNDAY will be held on the 2nd Sunday of every month in the vestibule of the Church after the 9:00 AM Mass. To volunteer (clean up and refreshment donations) please email Christine Aguerre at: chriscrk6@gmail.com.



A NIGHT AT THE TROPICANA

2024 ANNUAL AUCTION GALA

SATURDAY, MARCH 16TH, 2024
6:00-11:00 PM

SAINT MONICA CHURCH HALL
5950 GEARY BLVD.
SAN FRANCISCO, CA 94121



<https://stmonica.schoolauction.net/auction2024>



ST. MONICA SCHOOL



Third Sunday of Lent ~ March 3, 2024

Mass Intentions

St. Monica			
Mon.	03/04	8:30 AM	Simon K. Lee †
Tue.	03/05	8:30 AM	Priest's Intention
Wed.	03/06	8:30 AM	Priest's Intention
Thu.	03/07	8:30 AM	Priest's Intention
Fri.	03/08	8:30 AM	Bernard J.C. Smith †
Sat.	03/09	8:30 AM	Simon K. Lee †
		5:00 PM	
Sun.	03/10	11:00 AM	Thomas Bermejo, Jr., Birthday †

St. Thomas the Apostle			
Mon.	03/04	8:30 AM	Caitlin Slein, Good Health
Tue.	03/05		No Mass
Wed.	03/06	8:30 AM	Helen B. Calma †
Thu.	03/07		No Mass
Fri.	03/08	8:30 AM	Priest's Intention
Sat.	03/09		No Mass
Sun.	03/10	9:00 AM	Parishioners

THANK YOU	ST. MONICA	ST. THOMAS THE APOSTLE
February 25, 2024		
IST COLLECTION	\$1,479.00	\$1,435.00
VIETNAMESE COLLECTION	\$774.00	

Mass Intentions may be offered in honor of loved ones, living or deceased, for Masses at either St. Monica or St. Thomas the Apostle. For scheduling and additional information, please stop by the parish office or call Jessica at 415-751-5275 during office hours.

 * We pray for the repose of the souls of *
 * Michael Brendan Mannix *
 * Eva Romano *
 * Gerald David Suarez *
 * and offer our sympathy to their family *
 * and friends. *

Beneficiary Stories from the Archdiocesan Annual Appeal (AAA)

- Your generosity supports Archdiocesan Communications, particularly enabling us to communicate in the digital realm. Digital communications have become increasingly important, they were imperative during the pandemic, and will continue to be. Livestreamed Masses, mass communications via text, and our social media channels are important connections to the faith, and they've also proven to be a very successful way to reach the unchurched.
- Your generosity supports The Gabriel Project, which is our person-to-person outreach to women who are pregnant, many of whom are on the street. Through the Appeal, you're able to help these women in their search for services, housing, etc.
- Your generosity supports the Diaconate program in the Archdiocese...a couple having marital problems reached out to their parish Priest – and he suggested they speak with the parish's married Deacon and his wife. They did, and after many conversations the relationship was saved.