

Saint Monica-Saint Thomas the Apostle Parish

www.smstaparishsf.org

5th Sunday in Ordinary Time ~ February 9, 2025

St. Monica Catholic Church

470 24th Avenue
San Francisco, CA 94121
Tel: 415-751-5275

Office Hours:
Monday - Friday
9:00 AM - 3:30 PM



St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil
5:00 PM

Sunday
8:00 AM (Vietnamese)

11:00 AM

Weekdays
8:30 AM (Monday-Saturday)

Rosary
8:00 AM (Monday-Saturday)

Confessions
4:00 PM - 4:40 PM Saturday

Administrator

Rev. Ben Rosado
pastor@smstaparishsf.org

Parochial Vicar

Rev. Jerome Murphy

In Residence

St. Monica Rectory
Rev. Paulinus Iwuji, SMMM, Ph.D.
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory
Rev. Te Van Nguyen
Vietnamese Ministry
Catholic Chaplain for UCSF

Rev. Andrew Spyrow
Vicar for Clergy

Deacons

Rev. Mr. Dana Perrigan
perrigan2000@yahoo.com
Mr. Kristopher Compagno
Permanent Deacon Candidate

Parish Staff

Administrative Assistant
Jessica Montgomery
parishoffice@smstaparishsf.org

Director of Religious Education
Pastoral Associate
Sr. Noreen O'Connor, CSJ
noconnor@csjla.org

Music Ministry
Alix Jerinic
alixjerinic@gmail.com

St. Thomas the Apostle Catholic Church

3835 Balboa Street
San Francisco, CA 94121



St. Thomas the Apostle Church MASS SCHEDULE

Sunday
9:00 AM

Weekdays
8:30 AM
(Monday, Wednesday,
and Friday)

First Saturday
Mass
8:30 AM

First Saturday Adoration
9:00 AM - 10:00 AM





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Dear brothers and sisters,

We continue our reflections on the Five Precepts of the Church with the fourth being "to abstain from eating meat and to observe the days of fasting established by the Church."

Fasting is an ancient spiritual practice of our Faith. By either completely abstaining from a certain food or activity for a time, or by moderating our consumption, we allow ourselves to focus on our spiritual life. Fasting is the denying our physical appetites so as to refocus our energy toward spiritual ones.

Throughout the Church liturgical year, we have certain times when we are asked to fast. We are to abstain from meat on Ash Wednesday, the Fridays of Lent, and on Good Friday. We should also make every Friday of the year a time of penance, either in the ordinary way of not eating meat, or by some other sacrifice. We do this to honor the Sacrifice of our Lord, who gave his life for us. In addition to this, we are called to practice the Eucharistic Fast of not eating for one hour before receiving Holy Communion.

By fasting we enter into the life of Christ, who himself fasted, made sacrifices, and gave up everything for our sake. May our fasting unite us with him, whose love knows no bounds.

Fr. Ben

	<p>All are welcome to join us Monday - Saturday at 8:00 AM to pray the Rosary at St. Monica Church.</p> <p style="text-align: center;">&</p> <p>All are welcome to join us on the First Saturday of every month for Adoration of the Blessed Sacrament from 9:00 AM - 10:00 AM at St. Thomas the Apostle Church.</p>	
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***Welcome to all who worship with our parish family,
whether long time residents or newly arrived in the parish.
If you are not registered, please fill out this form and put it in the collection basket or
mail it to the Rectory.***

Name _____

Address _____ City _____ Zip _____

Phone _____ Email _____

New Parishioner
 New Address
 New Phone Number
 Remove from List
 Send Sunday Envelopes
 St. Monica
 St. Thomas the Apostle

You may register online at: <https://www.osvhub.com/smstaparishsf/directory/register>



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VIETNAMESE NEW YEAR'S MASS & CELEBRATION

Sunday, February 23 at 1:00 PM

St. Monica Church

Following the Mass there will be a celebration
in the Hall.

ALL ARE WELCOME TO JOIN IN THE CELEBRATION!

Tết, short for Tết Nguyên Đán (Lunar New Year), is the most important celebration in Vietnamese culture. Tết celebrates the arrival of spring based on the Vietnamese calendar, which is mostly based on the lunisolar Chinese calendar and usually has the date in January or February in the Gregorian calendar.

BAPTISM INQUIRIES

For Baptismal inquiries, please contact the Parish Office:
415-751-5275 or email parishoffice@smstaparishsf.org

ST. MONICA SCHOOL TRANSITIONAL KINDERGARTEN

We are pleased to announce that Saint Monica School is now accepting applications for our Transitional Kindergarten (TK) program for the 2025 - 2026 School Year! Our TK program will be a two-year program for students: attending TK for the first year, and Kindergarten for the second year.

The process for applying to TK will be the same as for our Kindergarten. All application info and forms can be found on our school website: <https://www.stmonicasf.org/admissions/apply/>

Families may also inquire with our school office to receive an application and information packet.

To promote the launch of our inaugural TK program, we are offering families an incentive of a 50% discount on the registration fee if we receive registration payments by March 28th (a savings of \$300!)

Please help us promote this exciting new development. Thank you!

Sincerely,
Vincent M. Sweeters
Principal
415-751-9564
sweeters@stmonicasf.org



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GOSPEL REFLECTION

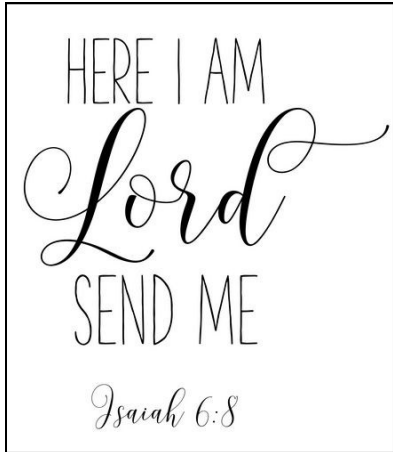
Our readings today remind us of the great privilege we have in calling ourselves both children and disciples of the Most High God.

The First Reading from Isaiah describes a vision of the prophet in which angels surround the Lord proclaiming, “Holy, holy, holy is the LORD of hosts! All the earth is filled with his glory!” Our God invites us to such deep intimacy and friendship with Him that sometimes we can forget just how majestic and unspeakably holy He truly is.

In the Gospel passage, from Luke, Jesus instructs Simon to lower his nets for a catch despite an unsuccessful night of fishing. Peter is skeptical but obeys and is amazed at the catch of fish that he makes. He kneels down before Jesus in astonishment.

This sense of awe and reverence before God should motivate us to deepen our stewardship way of life. As we contemplate the holiness of God, we come to a heightened awareness of what a privilege it is that He has chosen to include us in His work of spreading the Gospel to others through the grateful sharing of the gifts He has given us. Aware of this privilege, we will then make the words of Isaiah our own: “Here I am Lord, send me!

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WE INVITE ALL OUR PARISHIONERS TO SPEND TIME IN FELLOWSHIP
ST. MONICA CHURCH - FRIENDSHIP SUNDAY will be held on the 1st & 3rd Sunday of each month in the Small Hall following the 11:00 AM Mass. To volunteer please email Deacon Dana Perrigan at: perrigan2000@yahoo.com.
ST. THOMAS THE APOSTLE CHURCH - SOCIAL SUNDAY will be held on the 2nd Sunday of every month in the church's vestibule after the 9:00 AM Mass. To volunteer please e-mail Christine Aguerre at: chriscrk6@gmail.com

MINISTRY TO THE HOMEBOUND

The Parish is seeking to expand its homebound ministry to those who, because of age or illness are unable to attend Mass but would like to have the Eucharist brought to them. If you know of anyone in this situation, please contact Jessica Montgomery at the Parish Office at 415-751-5275 or email Deacon Dana Perrigan at perrigan2000@yahoo.com.

After determining the extent of the need, parishioners interested in this ministry may volunteer to serve those in need. Please contact Deacon Dana Perrigan if you are interested in volunteering for this ministry.

 * We pray for the repose of the soul of *
 * John Holtz, Jr. *
 * and offer our sympathy to his family and friends. *
 * Funeral service will be at Duggan's Serra (Daly City) *
 * on Thursday, February 13th at 10:30 AM *
 * *****



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Mass Intentions

St. Monica				St. Thomas the Apostle			
Mon.	02/10	8:30 AM	Sr. Victoria Siu, RSCJ †	Mon.	02/10	8:30 AM	Parishioners
Tue.	02/11	8:30 AM	Jim Stringer †	Tue.	02/11		No Mass
Wed.	02/12	8:30 AM	For the Intentions of Carmel Tickler	Wed.	02/12	8:30 AM	Parishioners
Thu.	02/13	8:30 AM	Vergena Yap †	Thu.	02/13		No Mass
Fri.	02/14	8:30 AM	Ling Chi Yu & Teresa Eng †	Fri.	02/14	8:30 AM	Parishioners
Sat.	02/15	8:30 AM	Parishioners	Sat.	02/15	8:30 AM	No Mass
		5:00 PM	Parishioners	Sun.	02/16	9:00 AM	Susan Mabes †
Sun.	02/16	11:00 AM	Alma Modena †				

THANK YOU	ST. MONICA	ST. THOMAS
February 2, 2024	ENGLISH	THE APOSTLE
1ST COLLECTION	\$2,752.00	\$1,306.00
JANUARY ONLINE DONATIONS	\$1,671.00	

Mass Intentions for 2025 may be offered in honor of loved ones at either St. Monica or St. Thomas the Apostle Church. For scheduling and additional information, you can either stop by or mail your list the parish office at 470 24th Ave. SF, CA 94121. Please list all your Mass intentions and requested dates. You can also call Jessica at 415-751-5275 during office hours: Monday - Friday 9:00 AM - 3:30 PM.

Kindness cost nothing, yet it changes lives.
~ St. Scholastica (Feast Day: February 10th)

World Day of the Sick

F E B R U A R Y 1 1

CARING FOR THE SICK REQUIRES PROFESSIONALISM, TENDERNESS, STRAIGHTFORWARD AND SIMPLE GESTURES FREELY GIVEN, LIKE A CARESS THAT MAKES OTHERS FEEL LOVED.
- POPE FRANCIS

ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US