

Saint Monica-Saint Thomas the Apostle Parish

www.smstaparishsf.org

3rd Sunday in Ordinary Time ~ January 26, 2025

St. Monica Catholic Church

470 24th Avenue
San Francisco, CA 94121
Tel: 415-751-5275

Office Hours:
Monday - Friday
9:00 AM - 3:30 PM



St. Monica Catholic Church MASS SCHEDULE

Saturday Vigil
5:00 PM

Sunday
8:00 AM (Vietnamese)

11:00 AM

Weekdays
8:30 AM (Monday-Saturday)

Rosary
8:00 AM (Monday-Saturday)

Confessions
4:00 PM - 4:40 PM Saturday

Administrator

Rev. Ben Rosado
pastor@smstaparishsf.org

Parochial Vicar

Rev. Jerome Murphy

In Residence

St. Monica Rectory
Rev. Paulinus Iwuji, SMMM, Ph.D.
Catholic Chaplain VA Hospital

St. Thomas the Apostle Rectory
Rev. Te Van Nguyen
Vietnamese Ministry
Catholic Chaplain for UCSF

Rev. Andrew Spyrow
Vicar for Clergy

Deacons

Rev. Mr. Dana Perrigan
perrigan2000@yahoo.com
Mr. Kristopher Compagno
Permanent Deacon Candidate

Parish Staff

Administrative Assistant
Jessica Montgomery
parishoffice@smstaparishsf.org

Director of Religious Education
Pastoral Associate
Sr. Noreen O'Connor, CSJ
noconnor@csjla.org

Music Ministry
Alix Jerinic
alixjericin@gmail.com

St. Thomas the Apostle Catholic Church

3835 Balboa Street
San Francisco, CA 94121



St. Thomas the Apostle Church MASS SCHEDULE

Sunday
9:00 AM

Weekdays
8:30 AM
(Monday, Wednesday,
and Friday)

First Saturday
Mass
8:30 AM

First Saturday Adoration
9:00 AM - 10:00 AM



"The Spirit of the Lord is upon me,
because he has anointed me
to bring good news to the poor..."

LUKE 4:18



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Dear brothers and sisters,

We continue our reflection on the five precepts of the church, the foundational obligations we have as Catholic Christians. Today, we consider the second precept: “to confess one’s sins, receiving the Sacrament of Penance at least once each year.”

The Sacrament of Confession or Reconciliation finds its source in Jesus dying on the cross, pouring out his life for us. To give us access to his mercy, He then gave his apostles the mandate and power to forgive sins. He gave them the Holy Spirit and told them “*Whose sins you forgive are forgiven them, whose sins you retain are retained*” John 20:23. Bishops and priests over the centuries have had this task handed down to them as well. This is good news! We now have access to the mercy of Jesus Christ in the way he has prescribed. We can be forgiven of our sins, great and small.

God does this because he wants us to be saved and live a holy life. We all fail at times, sometimes more seriously than others. Yet this will not stop God from granting us forgiveness. The only thing that can prevent us from receiving it is not being willing to come to him and ask for it. He is ready to deliver us from every sin.

Although, we should confess any serious sins as soon as we can, we must at a minimum go to confession once a year. This is good for us, because we might neglect to come to Jesus to be forgiven. We should come to him and discover that “*The mercy of the Lord endures forever*” Psalm 136:1. It is a mercy ready to be shared with us, a mercy that will heal our minds, our souls, and our very lives, which have been wounded by the sin of this world. How good God is to offer such a salvation to us.


Fr. Ben

The Feast of St. Blaise February 3rd

The Blessing of the Throats will take place on **Monday, February 3rd at 8:30 AM** at both St. Monica and St. Thomas the Apostle Churches.

BLESSING OF THROAT PRAYER
on the feast of St. Blaise


“Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness: in the name of the Father, and of the Son, and of the Holy Spirit. Amen”





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SAVE THE DATES
Catholic Schools Week
 January 26th - February 1st
Sports-O’Rama
 Saturday, February 22nd
Vietnamese Lunar New Year “Tet” Mass and Celebration
 Sunday, February 23rd



CATHOLIC SCHOOLS’ WEEK: January 26th - February 1st

Each year, the last week of January is designated as a time to celebrate all those who contribute so generously in support of the Catholic educational system. Let us remember in our prayers the teachers, administrators, staff, and volunteers in St. Monica School and St. Thomas the Apostle Preschool as they nurture and educate the students in their care. Extend a word a gratitude to them in appreciation for all the good they do for the students and their families.

Catholic Schools
 United in Faith and Community

VIETNAMESE NEW YEAR’S MASS & CELEBRATION

Sunday, February 23 at 1:00 PM
 St. Monica Church

Following the Mass there will be a celebration in the Hall.

ALL ARE WELCOME TO JOIN IN THE CELEBRATION!

Tết, short for Tết Nguyên Đán (Lunar New Year), is the most important celebration in Vietnamese culture. Tết celebrates the arrival of spring based on the Vietnamese calendar, which is mostly based on the lunisolar Chinese calendar and usually has the date in January or February in the Gregorian calendar.

Grant me, O Lord my God, a mind to know you, a heart to seek you, wisdom to find you, conduct pleasing to you, faithful perseverance in waiting for you, and a hope of finally embracing you. Amen.



— Thomas Aquinas
 Feast Day: January 28th

ROSARY TO COMBAT HUMAN TRAFFICKING
 for the Feast of St. Josephine Bakhita
 on Thursday, February 6, 2025 at 6:00 PM
 Register at sfarch.org/event/rosary-human-trafficking

Join us to pray the Rosary to close the feast day of St. Josephine Bakhita, which the International Day of Prayer and Awareness against Human Trafficking. For questions, contact prolife@sfarch.org.



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GOSPEL REFLECTION

In St. Paul’s letter to the Corinthians, it states “If they were all one part, where would the body be? But as it is there are many parts, yet one body” (1 COR 12:18-20).

What does this teach us as Christian stewards? It shows us that we all have equal dignity and worth in God’s sight, and that if God sees us as equally precious, we should view each other in this same light. It teaches us to humbly recognize our own gifts as well as the giftedness of every member of our parish family. And, while God designed us to be ultimately dependent on Him, it seems He has also designed us to need each other!

This is part of the beauty and richness of a stewardship way of life. No one person can “do it all” in life — whether in family life or parish life. But God does not ask us to do it all. He simply asks us to share the gifts and talents we do have in the season of life we find ourselves right now.

It might feel uncomfortable at first. But the good news is you don’t have to do it all. Do your part, let your brothers and sisters in the Body of Christ do theirs, and know that the Spirit of the Lord is upon us all as we live out this stewardship way of life.

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MINISTRY TO THE HOMEBOUND

The Parish is seeking to expand its homebound ministry to those who, because of age or illness are unable to attend Mass but would like to have the Eucharist brought to them. If you know of anyone in this situation, please contact Jessica Montgomery at the Parish Office at 415-751-5275 or email Deacon Dana Perrigan at perrigan2000@yahoo.com.

After determining the extent of the need, parishioners interested in this ministry may volunteer to serve those in need. Please contact Deacon Dana Perrigan if you are interested in volunteering for this ministry.

WE INVITE ALL OUR PARISHIONERS TO SPEND TIME IN FELLOWSHIP
ST. MONICA CHURCH - FRIENDSHIP SUNDAY will be held on the 1st & 3rd Sunday of each month in the Small Hall following the 11:00 AM Mass. To volunteer please email Deacon Dana Perrigan at: perrigan2000@yahoo.com.
ST. THOMAS THE APOSTLE CHURCH - SOCIAL SUNDAY will be held on the 2nd Sunday of every month in the church's vestibule after the 9:00 AM Mass. To volunteer please e-mail Christine Aguerre at: chriscrk6@gmail.com

Catholic Charities Aging Case Management Services
 If you need assistance navigating services to keep you safe at home and enhance your aging process in San Francisco County, please call our Catholic Charities Aging Case Management Programs at 415-334-5555.

Catholic Charities Breaking Bread with Hope
 If you know an adult with a disability in San Francisco who is isolated or simply wants to engage with their community, **Breaking Bread with Hope** offers a place to meet for monthly Mass, lunch, and general fellowship. Please call 415-452-3500 for more information and to reserve a spot.




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Mass Intentions

St. Monica				St. Thomas the Apostle			
Mon.	01/27	8:30 AM	For the Intentions of Eileen De Lucca	Mon.	01/27	8:30 AM	Parishioners
Tue.	01/28	8:30 AM	Carston Concon, Birthday	Tue.	01/28		No Mass
Wed.	01/29	8:30 AM	Danny & Callale Concon, Birthday	Wed.	01/29	8:30 AM	Parishioners
Thu.	01/30	8:30 AM	Ribera Family †	Thu.	01/30		No Mass
Fri.	01/31	8:30 AM	Mariano Dizon †	Fri.	01/31	8:30 AM	Parishioners
Sat.	01/01	8:30 AM	Parishioners	Sat.	02/01	8:30 AM	Parishioners
		5:00 PM	Parishioners	Sun.	01/02	9:00 AM	Parishioners
Sun.	01/02	11:00 AM	Julio & Balbina Magana †				

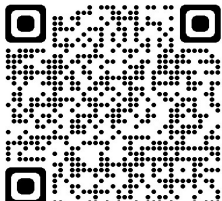
THANK YOU	ST. MONICA			ST. THOMAS
January 19, 2025	ENGLISH	VIETNAMESE		THE APOSTLE
1ST COLLECTION	\$2,570.00	\$348.00		\$1,203.00



Thank You

Thank you for your continued support to our Parish.

To donate:
Use your personalized parish offertory envelopes
or scan the QR code to donate online!



BAPTISM INQUIRIES
 For baptismal inquiries, please contact the Parish Office:
 415-751-5275 or email parishoffice@smstaparishsf.org

Request a
Mass Intention

Mass Intentions for 2025 may be offered in honor of loved ones at either St. Monica or St. Thomas the Apostle Church. For scheduling and additional information, you can either stop by or mail the parish office at 470 24th Ave. SF, CA 94121. Please list all your Mass intentions and requested dates. You can also call Jessica at 415-751-5275 during office hours: Monday - Friday 9:00 AM - 3:30 PM.

ST. MONICA & ST. THOMAS THE APOSTLE PRAY FOR US